

**NORTHERN GULF COAST REGION  
2021 TRIATHLON-DUATHLON-SIGNIFICANT BIKE RIDES CALENDAR  
as of 1/1/2021 [RED - NO INFORMATION]**

**JANUARY**

**FEBRUARY**

2/6/21 B.O.M.B. 5K, Dauphin Island, AL

2/15-16/21 MONDAY-TUESDAY HOLIDAY (MARDI GRAS)

**MARCH**

LaGrange Sprint Tri - LaGrange College, GA (S- 300 yd indoor, B- 16k, R-5k)

Hero 100 Metric Bike, Pass Christian, MS (62 miles)

Spring Fever Chase - 10K/2 mile run - Fairhope, AL

3/6/21 Birmingham Bakers Dozen Bike - Birmingham, AL (75 miles)

No Date Listed Azalea Trail Run - Mobile, AL (10/5K)

3/28/21 Tour de'Burg - Hattiesburg, MS (30/62 miles)

Cyclepaths Challenge Century Ride, Monroeville, AL

Tour de LADR Bike Ride - Pt. Clear, AL (21.4 miles)

## APRIL

- Infirmiry Health Systems Duathlon - Mobile, AL (R-2 miles, B-10 miles, R - 2 miles)
- 4/3/21 Cheers & Gears Bike Ride - Ridgeland, MS(25/45/65 miles)
- 4/4/21 EASTER
- 4/10/21 Woolmarket Duathlon # 1 - Woolmarket, MS (R-5k, B 11 miles)
- 4/11/21 IM 70.3 Texas - Galveston, TX
- 4/17/21 Red Hills Tri - Tallahassee, FL S-600 yds, B-19.3 miles, R-3.1 miles
- 4/18/21 IM 70.3 Florida - Haines City, FL
- 4/24/21 IM Texas - The Woodlands, TX
- 4/25/21 Bo Bikes Bama - Auburn, AL (30/63 miles)
- 4/25/21 St. Anthony's Tri - St. Petersburg, FL  
O - S: 1.5K B: 40K R: 10K Sprint - S: 750 meters B: 20K R: 5K
- DeLuna Sports Festival - OWS, Pensacola Beach, FL
- Pensacola Olympic/Sprint Tri - Pensacola, FL  
O - S 1.5k, B-40k, R - 10k Sprint - S-500m, B-20k, R-5k
- 4/26/21 MONDAY HOLIDAY (STATE AND LOCAL)

## MAY

- 5/1/21 Coltman & Baughman Sprint Tri - Jacksonville, FL S: 800 meters B: 12.4 miles R: 3.1 miles
- 5/1/21 2021 World Qualifying Olympic AB - Sebring, FL
- 5/1/21 Ridgeland Natchez Trace Century Bike Ride - Ridgeland, MS
- 5/1/21 Louisiana Tri - New Roads (Baton Rouge) LA S-800 yds, B-17 miles, R - 3.1miles
- Good Life Bike Ride, Fairhope, AL
- 5/8/21 Woolmarket Duathlon # 2 - Woolmarket, MS R 2 miles, B 11 miles, R 2 miles
- 5/9/21 MOTHERS DAY (Sunday)
- 5/15-16/21 Cheaha Challenge Gran Fondo Century/Chief Ladiga Cruise (Rails to Trail) Bike Ride, Jacksonville, AL  
(12/25/50/100 mile routes)
- Crawfishman Tri, Bush, LA
- 5/15/21 IM 70.3 Gulf Coast - Panama City Beach, FL
- 5/16/21 West Point Lake Olympic Tri and 2018 Spring Fling Tri - West Point, GA (has aquabike)  
O - S - 1.5k, B - 40k, R - 10k Sprint - S 600 yd, B - 15 miles, R - 5k
- 5/17/21 IM Chattanooga - Chattanooga, TN
- 5/21/21 USAT Duathlon Nationals, Tuscaloosa, AL
- 5/22/21 Do It In The Bush 5K - Cottage Hill Park, Mobile, AL - 7:30 a.m.

- 5/22/21 Grandman Tri, Fairhope, AL (sprint)  
 Renaissance City Tri, Florence, AL Relay and Aqua Bike  
 O - S 1.5k, B 45k, R 10k, Sprint - S-300 m, B 22.5k, R 5k
- 5/23/21 IM 70.3 Chattanooga - Chattanooga, TN
- 5/30/21 Goose Pond Island Half Iron Distance & Sprint Tri - Scottsboro, AL - Half AB  
 Half - S: 1.2 miles B: 56 miles R: 13.1 miles Sprint - S: 500 yds B: 14 miles R: 3.1 miles
- 5/31/21 West Point Lake Tri - West Point, GA  
 O - S 1.5k, B 45k, R 10k, Sprint - S-300 m, B 22.5k, R 5k
- 5/31/21 MONDAY HOLIDAY (Federal and State)  
 Tri States Century Bike Ride, Dothan, AL

**JUNE**

- Heatwave Classic Triathlon - Ridgeland, MS S ½ mile, B 27 miles, R 6.2 miles
- 6/14/21 Capital of Dreams Sprint and Olympic Tri - Montgomery, AL (Aqua Bike)  
 O - S 1.5k, B 40k, R 10k Sprint S-400m, B 20k, R 5k
- Highway2Hale Bike - Moundville, AL (69/100 plus mile routes)
- 6/19/21 WoolMarket #3 Duathlon - Woolmarket, MS R 1 mile, B 11 miles, R 3 miles
- 6/19/21 Chattanooga Waterfront Olympic Tri - Chattanooga, TN Relay and AquaBike  
 O S 1.5k, B 40k, R 10k Sprint S 400m, B 20k, Run 5 k
- 6/19/21 Callaway Gardens Sprint Triathlon - Pine Mtn, GA S 1/4 mile, B 9miles, R 2 miles

Jacksonville Tri, Jacksonville, FL (Olympic) AB

RideYellow - Bay Minette, AL 10, 20, 37 and 62 mile bike rides (Typically the day before Father's Day)

6/20/21 FATHERS DAY (Sunday)

6/27/21 Freedom Fest 2021 Sprint Tri & Duathlon - New Roads, LA  
Sprint: S: 200 yds B: 6 miles R: 1 mile Du: R: 5K B: 11 miles R: 5K

6/27/21 IM 70.3 Lubbock - Lubbock, TX

## **JULY**

7/3/21 Freedom Springs Sprint Tri - Marianna, FL - NOTE - NOT USAT SANCTIONED

7/5/21 MONDAY HOLIDAY (Federal and State)

7/10/21 Mtn. Lakes Tri - Guntersville, AL - Aqua Bike  
Olympic S 1 mile, B 32.4 miles, R 6 miles Sprint S 600 yds, B 16.2 miles, R 5k

7/10/21 Chattahoochee Challenge Sprint & Duathlon - Columbus, GA Tri S - 500m, B 12 miles, R 5k

Bay St. Louis Sprint Tri - Bay St. Louis, MS

7/17/21 Racing Rivals Sprint Tri, Owens Cross Roads, AL

Music City Olympic & Sprint Tri - Nashville, TN - Relay and Aqua Bike  
O - S 1.5k, B 45k, R 10k, Sprint - S-300 m, B 22.5k, R 5k

7/24/21 Hot Hundred Bike Ride, Tuscaloosa, AL

Heart O'Dixie Tri - Louisville, MS S ½ mile, B 27.5 miles, R 7 miles (point to point to point)

7/25/21 IM 70.3 Ohio -

## AUGUST

8/7/21 Huntsville Sprint Tri - Huntsville, AL S 400m, B 7 miles, R 5k

Sunfish Tri - Meridian, MS S 600 yds, B 17 miles, R 5k

8/7-8/21 USAT Sprint/Olympic Age Group Natls - Milwaukee, WI

8/7/21 Chattahoochee Challenge Half Distance, Olympic Tri/Duathlon - Columbus, GA  
Half: S: 1.2 miles B: 56 miles R: 13.1 miles Tri - S 500m, B 25 miles, R 6.2 miles

8/14/21 Buster Britton Sprint Triathlon - Pelham, AL (Oly/Sprint) AB  
O - S: 1200 yds B: 24 miles R: 5.6 miles Sprint- S: 400 yds B: 12 miles R: 3.0 miles

8/17-20/21 WORLD OLYMPIC AB - Edmonton, Alberta, Canada

Possum Town Tri - Columbus, MS S 600 yds, B 17 miles, R 3.3 miles

Cultivation Nation Tri - Wiggins, MS S 600 yds, B 17 miles, R 5k

8/22/21 RocketMan Tri - Huntsville, AL S 1.5k, B 40k, R 10k -AB

8/28/21 Callaway Gardens Olympic Tri - Pine Mtn. GA S - 1.5 k, B 30k, R 8 k

Tri Nashville (sprint), Nashville, TN S 200 meters, B 10 miles, R 2 miles

## SEPTEMBER

9/6/21 MONDAY HOLIDAY (Federal and State)

9/11/21 Brett Robinson/Ala. Coastal Olympic and Sprint Tri - Gulf Shores, AL - Relay and Aqua Bike  
O S 1.5k, B 40k, R 10k, Sprint - S 300 yds, B 12.4 miles, R 2 miles

9/12/21 Hurricane Run 5K - Dauphin Island, AL - 8:10 a.m.

Third Sunday in September - Tri Gulf Coast Members Tri - Pensacola Beach, FL S 600 yds, B 18 miles, R 5k

9/25-26/21 USAT National Olympic AB - Stony Point, NY

9/26/21 IM 70.3 Augusta - Augusta, GA

9/26/21 IM Chattanooga - Chattanooga, TN

## OCTOBER

Southern Magnolia 100 Bike Ride - Woolmarket, MS (12/25/40/100 mile routes)

10/2/21 Santa Rosa Island Tri - Pensacola Beach, FL S 600 yds, B 18 miles, R 5k

10/2/21 IM 70.3 Memphis - Memphis, TN

10/3/21 Run of the Century 5K - Battleship Park, Mobile, AL - 7:00 a.m.

Hub City Hustle Sprint Tri - Hattiesburg, MS S 600 yds, B 20 miles, R 4 miles

Johnny Ray Century Bike Ride, Opelika, AL

10/10/21 Deep South Tri, Brandon, MS (half distance) S: 1.2 miles B: 56 miles R: 13.1 miles

10/11/21 MONDAY HOLIDAY (Federal and State)

**10/16/21 Tri the Gulf Sprint Triathlon, Dauphin Island, AL**

10/23/21 Glassner Memorial Bike Ride, Montgomery, AL

**NOVEMBER**

Gears & Beer Bike Rides - Mobile, AL various routes including 100 mile bike route

Second weekend in November - River Roux Tri, New Roads, LA

11/6/21 IM Florida - Panama City Beach, FL

11/11/21 Federal and State Holiday

11/21/21 Turkey 10 mile/5K - Creola, AL - 8:00 a.m.

11/26/21 Turkey Trot for Hope 5K - Battleship Park, Mobile, AL - 8:00 a.m.